Community Membership

1. Have a say in family activities (for example: what's for dinner, where we're going out to eat).
2. Have a say in family decisions (for example: where we're going to live, where we're going on vacation)
3. Develop friendships and hanging out
4. Choose where I go and who I go with.
5. Get to where I want on my own
6. Be a member of a club, team or group.
7. Be someone others come to for help
8. Be picked to be in charge or lead others.
9. Tell my ideas or opinions

Control of Personal Health & Welfare

1. Supply my own personal information
2. Answer for my self things to do with me
3. Have a friend I can share things with.
4. Have an adult I can go to about problems
5. Feel good about who I am
6. Be healthy and in good shape.
7. Feel good about what I wear and how I look
8. Ask someone for help when I need it.
9. Be part of decisions about my health.
10. Choose my health care providers.

Pursuit of Lifelong Learning

1. Communicate what I know and think	
2. Get good grades	
3. Be thought of as smart, capable or intelligent.	
4. Finish high school	
5. Learn a trade or vocation	
6. Go to college	
7. Learn new and challenging things.	
8. Know how to find information and get answers when I need them.	_

Developing Talents & Interests

1. Be good at, at least, one thing	
2. Have a hobby or interest.	
3. Participate in sports	
4. Make or do things with my hands	
5. Make or listen to music	
6. Create art	
7. Be outdoors	
8. Go places outside my neighborhood or community.	
9. Have people who can teach me something new or how to improve a skill.	
10. Be able to show or teach something I've learned or am good at.	

Creating Healthy Relationships

1. Get along with my parents	
2. Be close to my siblings.	
3. Be part of family gatherings.	
4. Strike up a conversation with new people.	
5. Be around people who like what I like	
6. Be around people with different interests and ideas.	
7. Have a close friend.	
8. Be part of a group of friends	
9. Have a boyfriend/girlfriend.	
10. Get married	

11. Have children
Self-Reliance Importance (Very Important, Pretty Important, Not Important) Satisfaction (High Satisfaction, Medium Satisfaction, Low Satisfaction)
1. Have a place to go when I want to be alone
2. Make my own schedule and plans
3. Buy the things I want
4. Be hired for a job
5. Get paid for work
6. Move out of my family's house
7. Choose where I'll live.

8. Choose my roommates.

9. Have enough money to pay my bills.

Developing a Personal Sense of Spirituality

1. Be happy with who I am	
2. Be happy with what I have	
3. Be around people who accept me	
4. Feel like I make the right choices/decisions.	
5. Feel like I make a difference.	
6. Feel that I make the world a better place	
7. Have a place to go when scared or worried.	
8. Seek answers to questions about things I don't understand.	